

Exercise 13

The Legacy Letter

The Legacy Letter is a fun way to reflect on your life and think about the kind of legacy you want to leave behind. It's a tool that can help you gain clarity and perspective on what's truly important to you and what you want to achieve. It can also serve as a guide for setting and achieving your personal, career, financial and relationship goals.

Instructions

Print or write out a copy of the Legacy Letter template.

Take some time to reflect on your life, goals and what matters most.

Fill in the template with your answers and be honest and specific.

Review your letter and make any necessary revisions.

Keep the letter in a safe place; you can revisit it periodically to track your progress and make any necessary adjustments.

Why it's good to do it

It helps to focus on what matters most. By reflecting on your legacy, you can gain a clearer understanding of what is truly important to you and what you want to achieve in your life.

It helps to set clear goals, The letter can serve as a guide for setting and achieving your personal, career, financial and relationship goals.

It encourages self-reflection. Writing the letter can help you reflect on your past and present and think about what you want your future to look like.

It can help to align your actions with your values. Once you have a clear understanding of what you want your legacy to be, you can make sure that your actions align with your values and goals.

It's a great motivator. Revisiting your letter periodically can serve as a reminder of your goals and help keep you motivated to work towards them.

It's a way to express yourself. The letter can be a meaningful way of expressing yourself and sharing your hopes, aspirations and values with others.

The template is merely an example to guide you through creating your own Legacy Letter. This exercise is about self-reflection and setting your own goals, so don't feel constrained by the template. Feel free to add or remove sections, or adjust the wording to make it more personal and meaningful to you. Also, the letter is not meant to be taken too seriously; it's just a tool for self-reflection and goal-setting. You can use it to motivate yourself to take action towards living the life you want to live.

Dear Loved Ones

When I think about the legacy I want to leave behind, I hope that people will remember me as someone who was *[insert traits such as self-disciplined, self-loving, self-caring, compassionate, hardworking, etc.]*. I strive to be someone who is constantly working on personal growth and development, both in my personal and professional life. I want to be remembered as someone who was always willing to take on new challenges and learn new things.

In terms of my career, I want to be remembered as someone who *[insert career accomplishment or ambition such as becoming a leader in my field, starting my own successful business, making a significant contribution to a certain industry, etc.]*. I want to be known as someone who has a clear direction and the drive to see it through. I also want to be remembered as someone who was *[insert other career-related traits such as being a good mentor, a team player, an innovator, etc.]*.

Financially, I hope to be remembered as someone who was responsible with their money and had a plan for their finances. I want to be remembered as someone who understood the importance of being financially stable and worked towards achieving this through smart investments and a solid budgeting plan. I also want to be remembered as someone who *[insert other financial traits such as a philanthropist, a savvy investor, a financial advisor, etc.]*.

In terms of relationships, I want to be remembered as someone who *[insert relationship goal or accomplishment such as being a supportive partner or friend, having strong family connections, being a good listener, being a peacemaker, etc.]*. I want to be known as someone who valued and nurtured relationships and always put the people I care about first.

Overall, I hope to be remembered as someone who lived a fulfilled and meaningful life, and who made a positive impact on the world and the people around me. I want to be remembered as someone who lived with purpose and who left behind a legacy that will be remembered for years to come.

Sincerely,

[Your Name]

Dear Loved Ones

When I think about the legacy I want to leave behind, I hope that people will remember me as someone who was _____

In terms of my career, I want to be remembered as someone who _____

Financially, I hope to be remembered as someone who _____

In terms of relationships, I want to be remembered as someone who _____

Overall, I hope to be remembered as someone who lived a fulfilled and meaningful life, and who made a positive impact on the world and the people around me. I want to be remembered as someone who lived with purpose and who left behind a legacy that will be remembered for years to come.

Sincerely,
